



Convegno

NUTRITION, DISEASE AND LONGEVITY

ROMA

16 SETTEMBRE 2024

Parco dei Principi Grand Hotel & SPA
Via Gerolamo Frescobaldi, 5

250 partecipanti

Con il patrocinio di



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Programma

NUTRITION, DISEASE AND LONGEVITY

9:00 - Registrazione partecipanti

10:00 - Open coffee

10:30 - Saluti istituzionali

Dott. Vincenzo D'Anna Presidente FNOB/FIB

Dott. Antonluca Matarazzo Amministratore delegato Fondazione Valter Longo

I SESSIONE

Modera: Dott.ssa Daniela Arduini

Medical Biotechnologist, Medical Doctor specializing in medical oncology
President of Regional Order of Biologist of Lazio and Abruzzo

11:30 - Dott. Valter Longo, Ph.D.

Professor of Gerontology and Biological Sciences - Director of the Longevity Institute
at the University of Southern California –Leonard Davis School of Gerontology, Los Angeles, USA

Title lectio: Fasting mimicking diet, Longevity and Disease

12:20 - Discussione guidata

Moderatrice: Dott.ssa Carla Cimmino

13:00 – Lunch





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II SESSIONE

Modera: Dott. Luigi Schiavo

Associate Professor of Human Nutrition Department of Medicine,
Surgery and Dentistry, University of Salerno
Delegate for Nutrition , Campania and Molise Biology Order

14:30 - Dott. Rafael de Cabo, Ph.D.

Chief of the Translational Gerontology Branch at the National Institute on Aging,
National Institutes of Health, Baltimore, MD, USA

Title Lectio: Interventions for Healthy Aging: Progress and Caveat

15:20 - Discussione guidata

Moderatrice: Dott.ssa Elvira Tarsitano

16:00 - Coffee break

16:30 - Dott. Frank Hu, MD, MPH, Ph.D.

Chair, Department of Nutrition; Fredrick J. Stare - Professor of Nutrition and Epidemiology
Harvard T.H. Chan School of Public Health
Professor of Medicine, Harvard Medical School
and Brigham and Women's Hospital

**Title Lectio: Diet strategies for promoting healthy aging
and longevity: Insights from large population-based cohorts**

17:20 - Discussione guidata

Moderatrice: Dott.ssa Livia Galletti

18:00 – Conclusioni

Dott. Vincenzo D'Anna

